Official Club Bulletin of Rotary Club of Mumbai Kandivli West







ISSUE 2 (SEP - OCT, 23) For Private Circulation Only.

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Released by : Rtn . Prakash Shah



From President's Desk

"What goes around... comes around"

Dear Rotarians,

Life is the most precious gift we receive as humans, so making the most out of it is imperative if we want to live it fully. Throughout this journey, our purpose as humans is to discover who we are and kill our demons while fulfilling our calling.

To understand how we can do so, let's explore three of my favorite lessons from the Bhagwad Gita:

Lesson 1: We all have our dharma to fulfill if we want to know joy and peace.

A man's purpose in life is the eternal question of humanity. Everyone has a dharma to fulfill. This powerful concept lies at the foundation of our happiness as humans and points towards what we should be striving for. Therefore, doing more of what makes us happy and facing our demons, paint points, or however you want to call them is the key to a fulfilled life.

Lesson 2: Work on your temperament and enjoy the journey.

Part of our lack of fulfillment and misery comes from not experiencing life fully. Instead of always anticipating, it's crucial to find joy in the journey. Ups and downs are life lessons, daily activities give you meaning and substance, and achieving smaller objectives prepares you for the end victory. True wisdom lies in finding happiness right here right now, not just for a brief moment in the accomplished future.

Lesson 3: To meditate is to learn how to control your mind.

To meditate is to fully immerse yourself in the present moment by letting go of how life should be and embracing it for what it is. The person who can master themselves and control their thoughts can conquer anything. As long as you keep your happiness in your mind, you can learn how to expand, use, feel, and embrace it for as long as you want. Meditating can also help you target efforts more easily and keep your spirit focused on its dharma.

Thank you!!

President Rtn. Prithika Samani

"Embracing the festival spirit"

One of the largest festivals of the country, #Navaratri, is here. Every year, Navratri is celebrated with a whole lot of pomp and grandeur all across the country. From garba to aarti, India celebrates this festival with great zeal and enthusiasm. Occurring usually in the month of September and October, this festival is observed in honour of Goddess Durga. It spans over nine days and different avatars of Goddess Durga are worshipped with utmost devotion. Navaratri is celebrated in different ways throughout India. Certain people revere different aspects of Durga and some people fast while others feast.



From Editor's Desk

Immediately after Navratri comes Diwali-often referred as Festival of Lights It is celebrated by lighting lamps, and bursting crackers and fireworks. It is a festival which commemorates the victorious return of Lord Rama to Ayodhya after saving his wife Sita from the demon king Ravana Hindus believe that his return was welcomed by the people of Ayodhya by lighting up the streets. Houses are decorated with lights of different colours and sizes, earthen lamps glittering at the entrances and over the boundaries and railings make the view mesmerizing. People come out of their houses in new clothes and burn crackers and fireworks.

Be it Navratri or Diwali, the people all over India celebrate it with equal enthusiasm.

Rtn. Bhavna Bhadreshwara Incredible Editor



Installation of Water Purifier Machine

Water purifier and water tanks were installed in Gandhi school This was possible because of the support of Rtn. Narendra Soni and family and Mrs Kiran kakkad

We also installed Water purifier Machine in another 2 Schools Rajdevi and Bharat Bharti We are thankful to Rtn. Selarka for the generous donation



Distribution of Surgical Instruments

Club donated ENT Surgical equipments worth Rs 1,07,000/- to Aastha Hospital, Manor - Palghar.

These equipments will be very useful in treating poor and needy tribal patients around Manor for ENT and Head and Neck surgeries including Cancer surgeries. Local patients from tribal part of Palghar would get benefit of this project





Blood Donation Camp

Blood Donation Camp was organised by Medical Director Rtn. Dharmendra Gohel and his team. It managed to collect 111 units of Blood out of 135 Registrations.

Great efforts were taken by Medical team led by Rtn. Dharmendra with the support of Rtn. Vipul Shah



Beach Cleaning Drive

Under the Environment Avenue we had organized our first Beach Cleaning Activity for the year in association with employees of EisnerAmper India. The activity was organized at Juhu Beach on Saturday morning 14th October 2023. All thanks to Environment Director Rtn. Nirav Vakharia who took the initiative to make our beautiful City look Cleaner.





Study Habit Techniques



Session on Study Habit Techniques was conducted by PP Rtn. Sunita Hirlekar and Rtn. Reema Wahi at Shishu Vikas School

Books and stationery was also distributed to the children. Such sessions are very helpful to students in preparations for their exams



Yoga sessions for School students

Yoga session was conducted for the benefit of Interactors of Pawar Public school and students of Ekveera School and YB Chauhaan by our own R/Ann Chaitali Prabhu who hereself is a Yoga Instructor. In all 500 plus students attended the session and were benefited. Yoga session was also under taken by R/Ann Pinky Shah at Ekveera School We are thankful to both to both of them for sparing their valuable time and teaching Yoga to students











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Teachers Training Program

Education team had organised jointly with Rotary club of Bombay North West Malad a two full day teachers training workshop for 50 teachers on **Become an incredible Teacher** conducted by the internatial coach Mr Sunil Parekh of Rise Development Academy

The response was overwhelming and 57 teachers from 17 schools with more than 5 Principals participated

We had the inauguration ceremony on 16th September with District Dignitary Rtn. Amarjeet Sabharwal as Chief Guest and on 17th September we had the closing ceremony with certificate distribution by the hands of PDG Rtn. Bal Inamdar



Entrepreneurship Mindset Program

Entrepreneurship Mindset Program began this year with Successful Inauguration at SVP School for 8 th and 9th grade students There was an overwhelming response from students community to participate in this wonderful program It was followed by installation at Esplanade college togather with plantation of Tulsi Saplings. We are thankful to PP Rtn. BHushan Sheath along with Rtn. Nirav Vakharia and Rtn. Darshan Kanani whose continuous efforts have kept this project so lively and enthusiastic amongst students



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Rural Project

The Rural project of Alpha year of providing drinking water to the villagers of Palghar got operational and finally inauguration was done by the Hands of Alpha DG Sandip Agarwalla at JuninJawahar on 2nd October

This Project of Rs 20 lacs ensures that this village and surrounding villages will now get drinking water throughout the year and that too at their homes taps and it will reduce the hardships of the villagers More than 225 households will be the beneficiaries



Medical Project

Club has its own Medical Van under which regular Medical Checkups are conducted at various places for the benefit of the community. This time it was conducted at BR Ambedkar School, Ekveera School, Neelkanth Nagar and Ekta Housing Society All thanks to Medical director Rtn. Dharmendra Gohel equally supported by PP Rtn. Uday Shah and IPP Rtn. Rakesh Shah who ensures that it runs smoothly and maximum number can take benefit of such Medical Camps





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An evening with Krishna-Annual Fund raising Program

Fund Raising Incredible Year 2023-24

Fund raising drive started on August 2, for following community projects:

- Medical project Donate 32 Slides CT Scan Machine to KHM
 Hospital enabling provisioning of Quality Treatment at
 Subsidized Rates to needy people in & around Kandivli, North
 Mumbai. Total project Cost Rs. 1.20 crores
- 2. Other Medical Projects Cost Rs. 10.50 lakhs
- 3. Education Project Cost Rs. 22 lakhs

- 4. School Development Cost Rs. 15 lakhs
- 5. Environment Cost Rs. 7 lakhs
- 6. Special Projects for Women Empowerment Nav Durga Cost Rs. 2 5 Jakhs
- 7. Project of National Integration Cost Rs. 2 lakhs

Total projects cost is Rs. 1.79 crores

Team planned "ROTARY UTSAV" program "AN EVENING WITH KRISHNA" in Hindi writer and narrator KAZAL OZA VAIDYA on October 7, 2023 at Aspee Auditorium, Malad West to celebrate 21 years of service to communities and needy people in society. We had invited all donors to witness a unique show and to show them what were the projects planned for the year. The event was a unique Incredible biggest musical show on life of Lord Krishna from childhood. There was 45+ powerhouse captivating Dance performances. The Auditorium was Housefull and all those invited and attended liked and enjoyed the show.

We have raised the donations of 1.64 crores from companies, donors and Rotarian's. We would like to thank each and every donors and Rotarian's for their support for the various projects. It was the most satisfying and happy moments for all the members of the club

PP Rtn. Bharat Dhruv Chairman-Fundraising





Happy Moments

This cleft afflicted child was identified during the rotary dental camp and wa strayed free of cost by our own Rtn. Dr Shanbaug





Rtn. Gajanan and R/Ann Neelam Nalge had participated in Marathon organised by Ageas Federal



R/Ann Dr Neelam Nalge spoke at 23rd Maharashtra state conference of ISA, held at JW Marriot Pune and also received Presidents Appreciation Award

Congratulations to our Rtn. Dr. Amola Parikh for being Elected ISA BORIVALI TEAM 23-25 PRESIDENT



Rtn. Rajendra Nimla did 50 km Marathon run held at Khardungla Ladakh and R/Ann Vijaya finished 21K Marathon run at Satara. Heartiest congratulations to both of them



Rtn. Reema Wahi along with her Daughter Major Nupur participated actively in the Ganesh chaturthi festival at Geneva. It's indeed a proud moment



With much love and Gratitude Rtn. Yagnesh and R/Ann Jashmita Bhatt welcome their Princess to Family becoming proud Nana and Nani



"Happiness depends upon ourselves." -Aristotle



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Club Meetings

4th Club Meeting-we had invited Rtn. Anand Ramnani Dist Avenue Chair Membership, who spoke on the very important topic of "Being a Rotarian".



6th Club Meeting of the year-Eminent Speaker Ms Dolly James was invited to speak on **Women Upliftment**, **Rehabilitation and Empowerment** which is also the current year's Navdurga project



Interact/Rotaract Activities

On 25th August we had Installation Ceremony of the Rotaract Club of Kandivli west



30 Students from Rishi Valmiki Eco school and Kapol Vidyanidhi International school participanted in Udaan District Conference





Happy to share
PP R. H .Kothari
had organised
Special
screening of
movie One
Idiot and
Return of One
Idiot which was
open for all our
Rotaractors







રોટરી કલભ ઓક મુંબઈ કોદિવલી વેસ્ટનાં પ્રમુખ પ્રીતિક્ર સામાલી, સેક્રેટરી વિપુલ ગગલાલી, એજ્યુકેશન કિરેક્ટર રીમા વાહી, રોટરી કલભ ઓક બોમ્બે નોર્ય વેસ્ટ મલાકના પ્રમુખ કો. વિપુલ પટેલ અને અન્ય રોટેરિયનના સાથસલકારમાં રોટરી સેન્ટર મલાક ખાને યોજાયેલા વર્કશોપમાં કોદિવલી વેસ્ટ, મલાકની ૧૯ સ્કુલ, જુનિયક કોલેજના પાંચ પ્રિતિસાધાલ સહિત પ૭ શિલકોએ ભાગ લીધો હતો. બે કિંવસના - બિક્કમ એન ઇનકેલ્ડિબર શિયર-બિંગ હેપી એન્ડ ઇકેક્ટિવ - વર્કશોપમાં ઈન્ટરનેશનલ ક્રોય સુનીલ પારેખે શિલાલ પઢિત, શીખવવાની રીત અને તેને સંખેતિત મુશ્કેલીઓ અંગે માર્ગદર્શન આપ્યું હતું. શિલકોએ આ વર્કશોપને બહુ સારું રેટિંગ અને કીકબેક આપ્યું હતું.

રોટરી કલબ હારા રોટરી ઉત્સવ

રોટરી ક્લબ ઑફ મુંબઈ ક્રાંદિવલી વેસ્ટ દ્વારા સાત ઑક્ટોબર, શનિવારે રાતે ૭. ૩૦ વાગ્યાથી મલાડ વેસ્ટ ના અસ્પી ઓડિટોરિયમ ખાતે આયોજિત રોટરી ઉત્સવ માં ભગવાન કૃષ્ણ પર આધારિત સંગીત કાર્યક્રમ રુપયો છે. લેખિકા કાજલ ઓઝા, સંગીત પ્રહર વોરા, નિર્માણ હેમલ ઠકકર, દિગ્દર્શન કેદાર ભગતનું રહેશે. વધુ વિગત માટે રોટરી ક્લબ નાં પ્રમુખ પ્રીતિકા સામાણી, સેક્રેટરી વિપુલ ગગલાણી, કંડ રેઝિંગ ચેરમેન ભરત ધુવ, અન્ય હોદેદારો, સભ્યોનો સંપર્ક કરવો. રોટરી ક્લબ ઑફ મુંબઈ ક્રાંદિવલી વેસ્ટની વિવિધ ક્ષેત્રમાંની સેવાના ર ૧ વર્ષની ઉજવણી કરવા આ કાર્યક્રમનું આયોજન કરાયું છે.



કાંદિવલીની રોટરી કલબ કારા મેડિકલ સાધનોનું ડોનેશન રોટરી કલબ ઓક મુંબઈ કાંદિવલી વેસ્ટ કારા પ્રમુખ પ્રીતિકા સામાણી, સેક્રેટરી વિપુલ ગગલાણી, મેડિકલ ડિરેક્ટર ધર્મેન્દ્ર ગોહેલ વગેરેના માર્ગદર્શન હેઠળ આદિવાસીઓના લાભાર્ય મનોરની આસ્થા હોસ્પિટલને ઈ. એન. ટી. સર્જિકલ સાધનો ડોનેટ કરાયા હતા. તેને લીધે આખ, નાક, ગળા, માથા, ડોક, કેન્સર વગેરેની સર્જરી કરી શકાશે.

HOH

Date.: 11-10-2023, Wednesday

રોટરી ક્લબ હારા શાળાઓમાં વોટર કૂલર્સ પ્યુરીફાયર મશીન ડોનેટ કરાયા



રોટરી કલબ ઓક મુંબઈ કોંદિવલી વેસ્ટનાં પ્રમુખ પ્રીતિકા સામાણી, સેકેટરી વિપુલ વગલાણી. ડિરેક્ટર સ્કૂલ ઉવલપમેન્ટ સંદીપ શાસ અને ટીમ દારા કોંદિવલીની બે સ્કૂલ - રાજદેવી હાઇસ્કૂય અને ભારત ભારતી ખાતે વોટર ફૂલસં પ્યુરીકાયર મશીન દોનેટ કરાયા હતા. તેનો લાખ અંદાઈ એક તજર થી વધુ વિદ્યાર્થી, શિક્ષકો, સ્ટાકને મળશે



રોટરી કલબ ઓક મુંબઇ કાંદિવલી વેસ્ટ દ્વારા કાંદિવલી વેસ્ટનો ગાંધી સ્કૂલમાં વોટર પ્યુરી કાયર અને પાણીની ટાંકી ડોનેટ કરવામાં આવી હતી. પ્રમુખ પ્રીતિકા સામાણી, સેકેટરી વિપુલ ગગલાણી, ઇનકેડિબલ સ્કૂલ ઓક ડેવલપમેન્ટ ટીમ અને તેના ડિસેક્ટર સંદીપ શાહ તેમ જ અન્યના સહયોગમાં આ કાર્ય હાથ ધરાયું હતું, જેનો લાભ અંદાજે ૮૦૦ વિદ્યાર્થીઓને મળશે. ○



રોટરી કલબની સુથ વિંગ ઇન્ટરેક્ટ કલબ ઑફ ઋષિ વાભીકિનો ઇન્સ્ટોલેશન કાર્યક્રમ રોજારો હતો. પ્રમુખ પ્રીતિકા, સેકેટરી વિપુલ ગગલાશી, સુથ એવન્સુ હેડ પંકજ પાથરફોડ, ડિરેક્ટર સુથ એવન્સુ રઘુનાથ પ્રભુ હાજર રહ્યા હતા. ઈન્ટરેક્ટ કલબના પ્રમુખ તરીકે નુશરત, સેકેટરી અનુષ્કા, ખજાનશી શ્રુતિ વાદોલા ચૂંટાથાં હતાં

-મભૂમિ

મુંબઈ, ગુરુવાર, તા. ૨૪-૮-૨૦૨૩



રોટરી કલળ ઑફ મુંબઇ કાંદિવલી વેસ્ટ હારા તેજરતી વિદ્યાર્થીઓનું સન્માન કરાવું હતું. પ્રમુખ પ્રીતિકા સામાણી, સેકેટરી વિપુત્ત ગગલાણી, એન્લુકેશન ડિરેકટર **રીમા વાઢીના** માર્ગદર્શન હેઠળ યોજાયેલા કાર્યક્રમમાં અતિથિ વિશેષ તરીકે ડિસ્ટ્રિક્ટ 3489ના દિલીપ મુળે ઉપસ્થિત રહ્યા હતા



Team Rotary News

C Monshia Kandiruki
Woo, 2013 2044,
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amounts. The propict will seenfest 300 youngstees and costs 77 July. School bags and extinotys material work 71.5 July were distributed to stuents in the Hilda School, andicall Weet, with proof from an US fam, successings.

SEPTEMBER 2023 Rotary News Plu

મુંબઈ, મંગળવાર, તા. ૨૯-૮-૨૦૨૩

કાંદિવલીમાં રક્તદાન શિબિર

મુંબઈ : રોટરી કલબ ઑફ મુંબઈ કાંદિવલી– પશ્ચિમ દ્વારા રોટરી કલબ ઑફ બોમ્બે નોર્થ વેસ્ટ મલાડ સાથે મળીને કાંદિવલી રીકિયેશન કલબના સહકારમાં કાંદિવલી મેડિકલ એસોસિયેશનના સહકારથી રક્તદાન શિબિરનું આયોજન દસમી

સપ્ટેમ્બરે સવારે નવથી બપોરે ત્રણ વાગ્યા દરમિયાન કાંદિવલી–પશ્ચિમના શાંતિલાલ મોદી રોડ સ્થિત કેઆરસીમાં કરાયું છે. કલબનાં પ્રમુખ પ્રીતિકા સામાણી, સેક્રેટરી વિપુલ ગગલાણી અને મેડિકલ ડિરેક્ટર **ધર્મેન્દ્ર ગોહેલ** છે.



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